

**SCOTTISH BORDERS
COMMUNITY PLANNING
STRATEGIC BOARD**

MEETING

Date: 22 November 2018

Time: 2.00 p.m.

Location: Council Chamber, Scottish Borders Council, Council Headquarters,
Newtown St Boswells

AGENDA

Items		Lead
1.	Apologies	
2.	Minute (Pages 3 - 8) Consider Minute of previous meeting of the Community Planning Strategic Board held on 14 June 2018. (Attached)	Chair
3.	Action Tracker (Pages 9 - 10) (Attached)	All
4.	Integrated Children and Young People's Plan 2018 - 2021 (Pages 11 - 50) Presentation. (Copy Plan attached)	Stuart Easingwood
5.	Community Planning	
	(a) Community Plan and Locality Plans Update	Jenni Craig
	(b) Theme Group Updates (Pages 51- 60) (i) Our Economy, Skills and Learning (ii) Our Health and Wellbeing (Attached) (iii) Our Quality of Life (Attached) (iv) Our Place	Rob Dickson Rob McCulloch Graham/Tim Paterson Andy McLean/Murray Leys/Stuart Easingwood Julia Mulloy/ Niles Istephan
6.	Any Other Business	

7.	Date of Next Meeting Thursday 7 March 2019 at 2pm	
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NOTE

Members are reminded that, should they have a Declaration of Interest to make on an item of business, they should do so at the appropriate time.

Members of the Strategic Board:

Name	Organisation
Councillor Mark Rowley* (Chair)	Scottish Borders Council
Councillor Sandy Aitchison*	Scottish Borders Council
Councillor Stuart Bell*	Scottish Borders Council
LSO Stephen Gourlay	Scottish Fire and Rescue Service
Councillor Carol Hamilton*	Scottish Borders Council
Ms Karen Hamilton	NHS Borders
Mrs Marjorie Hume	Third Sector representative
Mr Tony Jakimciw	Borders College
Superintendent Angus MacInnes	Police Scotland
Councillor Watson McAteer*	Scottish Borders Council
Ms Elaine Morrison	Scottish Enterprise
Mr Simon Mountford	Registered Social Landlords representative (SBHA)
Mr John Raine	NHS Borders

* any 3 from the 5 named SBC Councillors

Copies also sent for information:

Name	Organisation
Mr Andy Bruce	Scottish Government
Mr Trevor Burrows	Eildon Housing
Mr Niall Corbet	Scottish Natural Heritage
Mr Peter Duncan	Live Borders
Councillor Gordon Edgar	SESTRAN
Mr David Gordon	Waverley Housing
Mr Grant McDougall	Skills Development Scotland
Mr Colin McGrath	Community Council Network representative
Lin Bunten	Scottish Environment Protection Agency

Please direct any enquiries to Jenny Wilkinson, Clerk to the Council
Tel: 01835 825004 Email: jjwilkinson@scotborders.gov.uk



**SCOTTISH BORDERS
COMMUNITY PLANNING
STRATEGIC BOARD**

Date: 14 June 2018 @ 2pm

Location: Council Chamber, Scottish Borders Council, Council Headquarters, Newtown St Boswells

Attendees: Councillor Mark Rowley (SBC)[Chair], Councillor Sandy Aitchison, David Gordon (Waverley Housing - RSLs), Stephen Gourlay (Scottish Fire & Rescue Service), Alastair Hirst (Third Sector), Alistair McKinnon (Scottish Enterprise), Councillor Simon Mountford (SBHA - RSLs), Tim Patterson (NHS Borders), John Raine (NHS Borders), David Walker (Police Scotland).

Also present: Cllr Harry Scott; Mr C McGrath (Community Councils Network).

Also in attendance: Kathleen Glazik (Scottish Government); Julia Mulloy (SBHA); Colin Banks, Jenni Craig, Shona Smith, Jenny Wilkinson, Donna Manson, Gillian Jardine (all SBC).

1. **APOLOGIES FOR ABSENCE.**

Apologies had been received from Andy Bruce (Scottish Government), Councillors Bell and McAteer (SBC), Marjorie Hume (Third Sector), and Tony Jakimciw (Borders College).

2. **MINUTE**

The Minute of the previous meeting of the Strategic Board held on 23 November 2017 had been circulated.

DECISION

APPROVED the Minute.

3. **ACTION TRACKER**

The Board noted that there were no outstanding actions.

4. **TRANSITIONS PROJECT**

- 4.1 Robert Jamieson - SBC Social Work, and Gill Binnie – SBHA, gave a presentation on the Transitions Project, which enabled a “whole system” approach to support young people leaving care with the transition to independence, with a broad spectrum of services working together for better outcomes. A care leaver was defined as a person aged 25 or under who had been looked after by a local authority for at least 13 weeks since the age of 14, and who ceased to be looked after on, or after, their sixteenth birthday, and were eligible for Aftercare. Details were given on some of the national context, including the negative impact of adverse childhood experiences (ACEs) on outcomes for young people. Currently over 200 young people were looked after/accommodated in the Scottish Borders, with that number increasing, as it was nationally. Mr Jamieson explained that the Transitions 16+ Project provided enhanced assessment, planning and support to care leavers across the Borders. The flagship project had 6 transitional flats at Albert Place, Galashiels – 4 occupied by young people with tenancies with SBHA, 1 flat as a staff flat (concierge staff employed by SBC with overnight provision cover, with their role mainly building management but also as support to the young people), and the other flat being

used for training young people to test living on their own and how to deal with managing a home. SBHA provided a Tenancy Support worker to help the young people, who came from across the Borders, by establishing security on how they should work and live. It also helped young people develop positive relationships, provided support for health and wellbeing, which in turn allowed them to integrate back into their home communities more effectively. The project had been designed alongside young people, who were part of the Project Board, to ensure they were listened to and the project was something young people wanted. A YouTube clip (<https://youtu.be/PBKji9L1rDE>) was shown to the Board in which young people helped by the Transitions Project explained how it had benefited them.

- 4.2 Gill Binnie then explained how the Housing Options Protocol for Care Leavers operated by supporting young people leaving care into independent living. This recognised the vulnerability of young care leavers, and the challenges they faced moving into adulthood compared to other young people. The Protocol had been developed by SBC's Throughcare/AfterCare Team and Homelessness Service, in partnership with the 4 main Registered Social Landlords (RSLs) in the Borders (BHA, EHA, SBHA and Waverley). Referrals were made following discussion of the care leaver's housing needs at a Housing Options Panel meeting, and the Panel agreed the most appropriate housing, areas to be considered, and the type of tenancy to be offered i.e. Scottish Secure Tenancy (SST) or Short SST. Approximately 38 care leavers came through the Panel each year and of these, SBHA received 19 referrals, with 4 housed at the moment and referrals made to other RSLs. Over 300 care leavers had been supported over the life of the Transitions Project; 73 young people leaving care had been supported and moved into their own tenancy in the community; 161 had enhanced their employability skills either securing employment, work placement, volunteering opportunities and accessing further education. On average, the Project supported 55 care leavers at any one time.
- 4.3 In December 2017 a Big Lottery 'Improving Lives' application had been unsuccessful in light of the implementation of the Children and Young People (Scotland) Act 2014 (Continuing Care) which contained new statutory duties, as Big Lottery could only fund activity over and above statutory obligation. In February 2018, SBHA agreed to continue the secondment of the Tenancy Support Worker on a full-time basis to the Project and jointly fund with SBC the salary costs for the Housing Options Worker until 31 March 2019. No further funding was available to continue the role of the Employability Worker and this post came to an end in March 2018, with care leavers requiring employability support being referred instead to the mainstream Employability Support Service. Donna Manson, SBC Service Director Children and Young People, confirmed that she had had discussions with the Leader of the Council around the restrictions of innovation funding which could lead to young people losing options. This impacted not just care leavers but other young people whose parents asked them to leave their family home at aged 16. There was real feeling within the leadership that care should be in place in each locality in the Borders. There were homeless young people in the Borders as well as those with drugs, alcohol and/or mental health issues. Stability and mental health could deteriorate if a young person was not going to the same house each night i.e. 'sofa surfing'. Board members discussed the need for data and evidence of vulnerable young people in rural areas, measuring unmet demand, and the funding required to tackle these issues.

Actions: AGREED –

- (a) the Clerk to the Council would circulate a copy of the Transitions Project presentation to the Board;**
- (b) all partners would support as appropriate any future talks with Scottish Government on funding for the Transitions Project as well as how rural areas were funded to reduce inequality/poverty; and**
- (c) any data which could be useful for highlighting rural inequality/poverty would be forwarded by partners to SBC Service Director Children & Young People.**

5. **COMMUNITY PLANNING**

5.1 With reference to paragraph 4 of the Minute of 23 November 2017, there had been circulated copies of the Community Plan and Action Plan. Jenni Craig, SBC Service Director Customer & Communities, advised that the Community Plan had first been published in November 2017, with a new approach comprising a vision, 4 themes, and 15 outcomes. Key measures, targets and actions to take forward these 15 outcomes were now drafted and included in the latest edition of the Community Plan. Good feedback had been received from the November workshop for all Community Planning partners and representatives, and it was hoped the next workshop would take place at the end of October 2018. The focus of the Joint Delivery Team recently had been on partnership working, leadership and resources. As intended, the Community Plan was being continually updated (May 2018) so it remained a dynamic document, with one outcome (More children, particularly those living in poverty, achieving higher levels of attainment) still requiring measures and targets. Partners commented on some information/statistics within the Plan and Alistair McKinnon, Scottish Enterprise, advised that in his opinion some information was misleading as the agricultural sector was not the mainstay of the Borders economy which the Plan seemed to be suggesting. Scottish Enterprise had fed back information to the Economy and Low Carbon Group and that had not been included.

5.2 With regard to governance, Ms Craig explained that the current Community Planning structure comprised a Board, Joint Delivery Team, 3 themed delivery teams and a number of partnership groups feeding in to that. With the change from the Single Outcome Agreement to the Community Plan, the Joint Delivery Team had had discussions on whether the current structure was still valid. To take actions forward in the best way, it was proposed that the Strategic Board remained as it was, the Joint Delivery Team changed to a Joint Programme Board with a number of Groups aligned to the 4 themes (Our Economy, Skills & Learning; Our Health, Care & Wellbeing; Our Quality of Life; and Our Place) instead of two of the existing themed delivery teams. It was further proposed that the Reducing Inequalities Group be retained as a cross-cutting group. This should prove to be a more effective way to take Community Planning forward and deliver on the actions within the Community Plan. In future, the delivery and performance of each theme would be reported to the Strategic Board, to allow progress to be monitored effectively. Members welcomed the change in the structure.

Action: AGREED –

(a) to the proposals to change the Joint Delivery Team to a Programme Board, to retain the Reducing Inequalities themed group as a cross-cutting group, and to replace the remaining two themed groups with groups aligned to the 4 themes of the Community Plan; and

(b) all partners would provide any comments/information on the content of the Community Plan, including details of any targets and measures to the SBC Communities and Partnership Manager.

6. **AREA PARTNERSHIPS AND LOCALITY PLANS**

With reference to paragraph 4.2 of the Minute of 7 September 2017, Jenni Craig, SBC Service Director Customer & Communities, gave an update on operation of the Area Partnerships and development of the Locality Plans. The Area Partnerships had been launched in January 2018, with each taking ownership of a Locality Plan. These Locality Plans were structured around the same themes as the Community Plan, and were each living documents which would be built and changed as required. There had been 3 cycles of meetings of the Area Partnerships to date, with the style of the meetings very much focussed on conversations and action planning rather than presentational. This was to try to make meetings more engaging so that people were encouraged to come along and sit round small tables and join in discussions. There had been some positive feedback from those who had attended meetings, although some felt that there was something lacking from the previous Area Forums. The Community Council network and some Community

Councils had also provided comments, so a survey of all Community Councils was planned. There was a commitment to review Area Partnerships by summer 2019, but information for that review would start to be gathered from now. The meetings of the Area Partnerships (14 so far) had produced a lot of information and now actions needed to be developed to show how priorities would be taken forward. This should demonstrate that those people who had attended and contributed to the meetings were being listened to and involved in outcomes. There was a need to look at how best to encourage different groups to attend meetings e.g. young people, or if they were not attending meetings personally to be able to engage digitally. It was hoped that Locality Plans would be fully developed by the end of the year, with their content being brought to the planned Workshop in the autumn for all Community Planning partners, and then feeding up to the wider Community Plan. Councillor Aitchison commended the officers for their work in getting the Area Partnerships up and running. The aim of the Council was to try to change the whole way it communicated with communities, while accepting there was a need to change the perception of what the Council could and could not do. This was reflected in the Council's new Corporate Plan and #yourpart. Colin McGrath, Chairman of the Community Councils Network, referred to some confusion between Community Planning Locality Plans and the Health & Social Care Locality Plans, and suggested that the Community Hubs for health and social care could also be used for Community Planning locality work. Shona Smith, SBC Communities & Partnership Manager, advised that the aspiration was to combine any partner locality plans into one Locality Plan for each area in future, with work already started with Police and Fire & Rescue local plans to do just that. Tim Patterson, Director of Public Health, commented that the big advantage in producing the Health and Social Care Locality Plans had been engaging all the expertise with the public, with good ideas coming forward. The Plan gave a framework in which to enter into dialogue with communities, and while there was some concern that it would not be possible to meet all expectations, it would also stop resources being spent on services people did not want.

Noted.

Note: Alistair McKinnon left the meeting.

7. **THIRD SECTOR INTERFACE REVIEW**

A briefing note by Marjorie Hume, Volunteer Centre Borders, had been circulated giving an update on the position of the Scottish Government's Third Sector Interface (TSI) Review since December 2017. A letter had been received from Scottish Government in March 2018, advising that Evaluation Support Scotland would lead a project involving Scottish Government and the TSIs to develop an outcomes based agreement that would be in place for September 2018, for the start of the new grant period. This framework would also be the basis for new reporting arrangements that would allow TSIs to demonstrate impact. At a TSI senior managers meeting held in May 2018, TSIs had been advised that they should hear about funding by the end of June. Alastair Hirst, representing the Third Sector at the meeting, commented that no further information was available from Scottish Government and TSIs were waiting to find out more. It was clear that there would be changes but no clarity as yet on what these changes may be. One potential change was a longer term commitment, and a review of funding and how this was allocated.

Noted.

8. **DATES FOR FUTURE MEETINGS**

The dates for future meetings of the Board were considered.

Action: AGREED the dates for future meetings as follows –

- **Thursday 13 September 2018 at 2pm**
- **Thursday 22 November 2018 at 2pm**
- **Thursday 7 March 2019 at 2pm**
- **Thursday 13 June 2019 at 2pm**

9. **ANY OTHER BUSINESS**

Kathleen Glazik from Scottish Government gave details on the “Democracy Matters” consultation which had recently been launched by the Scottish Government as part of the Local Governance Review. The idea was for conversations with communities, with some funding available to communities who wished to lead conversations. The link to the local governance review, including the democracy matters consultation was -

<https://beta.gov.scot/policies/improving-public-services/local-governance-review/>

Noted.

The meeting concluded at 3.50 pm

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SCOTTISH BORDERS COUNCIL

ACTION SHEET

COMMUNITY PLANNING STRATEGIC BOARD - November 2012 onwards

Notes:-

1. Paragraphs Marked with a * require full Council approval before action can be taken
2. Items for which no actions are required are not included

NO.	MINUTE PARAGRAPH NUMBER, TITLE AND DECISION REQUIRING ACTION	ORGANISATION	RESPONSIBLE OFFICER	OUTCOME
14 June 2018				
1.	Paragraph 4.3 (Transitions Project) – Action: AGREED – (a) the Clerk to the Council would circulate a copy of the Transitions Project presentation to the Board; (b) all Partners would support as appropriate any future talks with Scottish Government on funding for the Transitions Project as well as how rural areas were funded to reduce inequality/poverty; and (c) any data which could be useful for highlighting rural inequality/poverty would be forwarded by partners to SBC Service Director Children & Young People.	SBC All All	Jenny Wilkinson All All	 Complete.
2.	Paragraph 5 (Community Planning) – Action: AGREED – (a) to the proposals to change the Joint Delivery Team to a Programme Board, to retain the Reducing Inequalities themed group as a cross-cutting group and to replace the remaining two themed groups with groups aligned to the 4 themes of the Community Plan; and (b) all Partners would provide any comments/information on the content of the Community Plan, including details of any targets and measures, to the SBC Communities and Partnership Manager.	All All	All All	 Complete
31 October 2018				

NO.	MINUTE PARAGRAPH NUMBER, TITLE AND DECISION REQUIRING ACTION	ORGANISATION	RESPONSIBLE OFFICER	OUTCOME
3.	Paragraph 6 (Area Partnerships) AGREED that a core programme of agenda items for Area Partnerships be developed for the year ahead, with partners feeding in ideas.	SBC	Shona Smith	

KEY:	
No symbol	Deadline not reached
	Overdue
	<1 week to deadline
	Complete – items removed from tracker once noted as complete at meeting.

Integrated Children and Young People's Plan

IN THE SCOTTISH BORDERS 2018-2021



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INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

FOREWORD

The Scottish Borders Community Planning Partnership (CPP) is committed to safeguarding, supporting and promoting the well-being of all children and young people across the Scottish Borders. We translate this commitment into action through the work of the Children and Young People's Leadership Group (CYPLG) (established in 2014) which brings together partners from Scottish Borders Council (SBC), NHS Borders, Police Scotland, the Scottish Children's Reporter Administration (SCRA) and the Third Sector. The CYPLG focuses on shared priorities to deliver meaningful and sustainable improvements to the lives of all our children and young people, to ensure that everyone can reach their full potential.

Within the Scottish Borders, there is a real commitment and focus on supporting children and young people in the new Community Plan, SBC's Corporate Plan, NHS Borders' Clinical Strategy and SBC's Financial Plan for 2018-2019. Significant investment, including through the new South of Scotland Economic Partnership, will allow activities and programmes to be set up involving partner agencies to improve mental and emotional health, create opportunities and promote positive choices regarding exercise, diet, nutrition, lifestyle and employability. We are confident that our children and young people and their families will benefit greatly as a result.

The CYPLG made great progress under the previous Integrated Children and Young People's Plan for 2017-2020, notably around child protection practice and the redesign of our approach to emotional health and wellbeing. However, they felt it was appropriate to review and refocus its plan to make the most of opportunities that now exist and to also tackle some of the persistent issues that partners know families, children and young people face, including child poverty.

We are proud of the way we work in partnership in the Scottish Borders to achieve a holistic and joined up approach to tackling issues for children and families. We therefore welcome the funding and commitment shown to our children and young people by partners, which recognises the importance of **early intervention and prevention** and of **reducing inequalities**, key priorities for the CPP. This refreshed plan continues to work towards closing the gap between our most deprived and least deprived families and communities, targeting resources to support our most vulnerable children and young people and really listening to what they are telling us so we can make any necessary changes to services.

The CPP is pleased to approve this plan which sets out a clear vision and priorities for the future, highlighting our full commitment to working together in partnership to pursue our goal of making a difference to the lives of children, young people and their families.

Councillor Mark Rowley
Chair of Community Planning Partnership



INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

1. INTRODUCTION

This Scottish Borders Integrated Children and Young People's Plan 2018-2021 sets out the strategic direction for the planning and delivery of services for children and young people in the Scottish Borders over the next three. An integrated approach to service planning by partners is a requirement under the Children and Young People (Scotland) Act 2014. It is also appropriate at a time when SBC and its partners are facing reducing resources and increased demand for services. The Plan expresses the commitment of the CYPLG to use its combined resources to work in partnership to achieve the best possible outcomes for all our children and families with the following shared vision:

“ Working together we will ensure all children and young people have a sense of belonging, self-worth and self-confidence to achieve their unique potential. ”

A NEW CONTEXT

The Plan aligns to the outcomes in the Scottish Government's National Performance Framework 2018 (and in particular the outcome relating to children and young people: “We grow up loved, safe and respected so that we realise our full potential”) and locally, to the outcomes in the CPP's new Community Plan 2017. The plan will also enable the partnership to address requirements under the Child Poverty (Scotland) Act 2017 which will involve SBC and NHS Borders jointly preparing a Local Child Poverty Action Report, showing how we are working to meet targets around eradicating child poverty. More detail on the strategic context is provided on Page XX (17?)

PROGRESS

Significant progress has been made in relation to the previous plan. Notable achievements include:

- Significant changes in practice and training around **child protection**.
- Redesign of the approach to **emotional health and wellbeing** - strengthening the capability of universal services to support young people in schools and communities through a continuing programme of training and development for staff, parents and young people, including:
 - The Growing in Confidence programme and 'See Me' initiative in secondary schools
 - Resilience packs in primary schools
 - Commissioning of a new service to support emotional health and wellbeing for young people aged 10–18.
- Refreshed **sexual health strategy** - new resources and innovative partnership projects (including VOMO film making 'Peaches and Aubergines').
- **LGBT Charter Status** achieved in Peebles High School (silver award) and Berwickshire High School (bronze award).
- Good progress in producing the Scottish Borders **Play Strategy** with support from Play Scotland. This strategy is due to be finalised and launched in 2018.
- Development of the **Support for Parents Strategy** that identifies the range of levels of support available and to be developed for families across age ranges.
- Further development of our four **Early Years Centres** in Langlee, Burnfoot, Philiphaugh and Eyemouth and continued delivery of integrated approaches by partners to support families in early years.
- Development of the **Year of Young People Plan** through engagement with children and young people from across the Scottish Borders. The plan sets out the approach being taken to support the initiative and the legacy it will leave behind as a result.
- Increase in the number of schools progressing through the **Rights Respecting Schools Award**.
- Progress made in implementing the **Children and Young People (Scotland) Act 2014** including implementation of the national practice model, the development of the Child's Plan and significant work on improving chronologies.

More detail can be found in our Annual Performance Report for 2017/18.

CHALLENGES AHEAD

The CYPLG has, over the last few months, reflected on the changing national and local policy context as well as the issues facing our children and young people in their homes, schools and communities. While many children and young people in the Borders thrive, some families face deep-seated challenges that have an impact on the wellbeing of their children and young people as they grow up and can affect outcomes in adulthood. The Leadership Group continues to seek to understand the nature and causes of these challenges in order to be able to provide effective solutions.

For example:

- **Poverty and low income** remain an issue in an area with one of the lowest wages in Scotland, with many families 'just getting by'. This has led to poverty proofing in all schools, supported by the development of the Borders Child Poverty Index (CPI), which provides schools and other partners with a more detailed understanding of child poverty as it affects communities locally. This will be discussed with the Scottish Government later in 2018.

- Much of what happens within Borders communities, both from a sporting and cultural perspective, centres around the **consumption of alcohol**, as well as historical gender specific attitudes, practice and ceremony.
- In some instances families are affected by multiple, complex problems in relation to poverty, employment, mental health, alcohol and drugs and involvement with community justice. Services are not always well geared up to respond to these issues and families may not always get the joined up support required to break the cycle and enable them to move forward.
- Whilst **social media** can have many benefits for young people in isolated rural areas of the Borders, there is growing evidence of the negative influence it is having on young people's quality of life, self-image and relationships, and the scale of future problems could be significant.
- Not all young people have the skills and support they need to make the right choices about age appropriate **risk-taking**, and about how they prepare for the world of work and adulthood and potential parenthood.
- Whilst some great work is going on around inclusion, Borders communities and culture can compound the geography of the area and lead to **feelings of isolation and exclusion** for many, with access and transport issues adding to this. For example, a mother of a child with additional support needs, living on benefits in a very rural valley community could feel that support networks are very difficult to access and may seem unapproachable.
- Feeling that for many there is no **future/ limited opportunities to work or study** in the Borders.

OPPORTUNITIES

- The Scottish Government has agreed to establish a South of Scotland Enterprise Agency, so SBC and partners can more effectively address the economic challenges facing our rural region (along with Dumfries and Galloway) e.g. employability, earnings, skills and connectivity.
- There are two other significant national investment opportunities to make the most of: **City Deal** and **Borderlands**, both of which will assist us to support economic growth, skills and infrastructure and create a step change in the Borders economy.
- The Scottish Government has introduced some new legislation around:
- Strengthening the role of communities through the Community Empowerment (Scotland) Act 2015.
- Increasing the pace and depth of partnership working with NHS Borders (Public Bodies (Joint Working) (Scotland) Act 2014).
- Strengthening the rights of children and young people in Scotland and promoting early intervention and prevention through the Children & Young People (Scotland) Act 2014.
- Addressing persistent poverty and setting very ambitious targets through the Child Poverty (Scotland) Act 2017.

A NEW APPROACH

To enable us to tackle the challenges we face, we have undertaken some practical on the ground pilots in recent years to provide targeted support and interventions for families who need it (small steps of change).

Two examples include:

- In Galashiels the 16+ Transitions Project has been very successful in supporting young people to gain long term tenancies, as a result of initially living within supported accommodation.
- Burnfit in Hawick (street games such as rugby, with refreshments supplied at the end) has provided positive experiences for participants throughout July and August 2018 and is likely to be continued and developed into a longer term provision.

Initiatives such as these have had a positive impact on the lives of young people and their families and on a larger scale, have the potential to impact many more.

Many issues faced by children, young people and families are deep-rooted and widespread and require public sector partners to re-think not only WHAT we do but also the WAY we approach such issues, from the perspective of the young person and their family and their journey through our services. Were services easy to access? Was support available when and where required? Did we understand the issues facing young people and families?

We need to learn from what has worked on a small scale or on a pilot basis, and involve young people to really appreciate the reality of their lives and the role their family can play at every stage in life. And this may require us to **think and act differently**.

We also need to ensure that all our services look to support children, young people and families at the **earliest point possible** to prevent adverse childhood and family experiences. An early intervention and prevention approach will not only have a positive impact on outcomes but will use resources more effectively and could save costly interventions when issues escalate e.g. secure, out of area placement for a young person.

As leaders, we need to **influence wider policies** that are being developed across partners and within the CPP around housing, health, economic development, employability and transport to ensure that the needs of children and young people are not overlooked.

And critically, we need to **commit to involving and engaging children and young people, families and services users** to increase our understanding of vulnerability and achieve a common appreciation of the impact of adversity and poverty. By involving and listening on an ongoing basis, we will collect evidence about what is working, what is not working, and what improvements need to be made.

This new Integrated Children and Young People's Plan for 2018-2021 aims to build on the success of the last plan, use our learning from the last few years and make the most of the partnership opportunities that exist as well as the new strategic context. Children, young people and their families are at the centre of what we are doing. We will focus more on early intervention and prevention and recognise that this will require us to make changes in how we work.

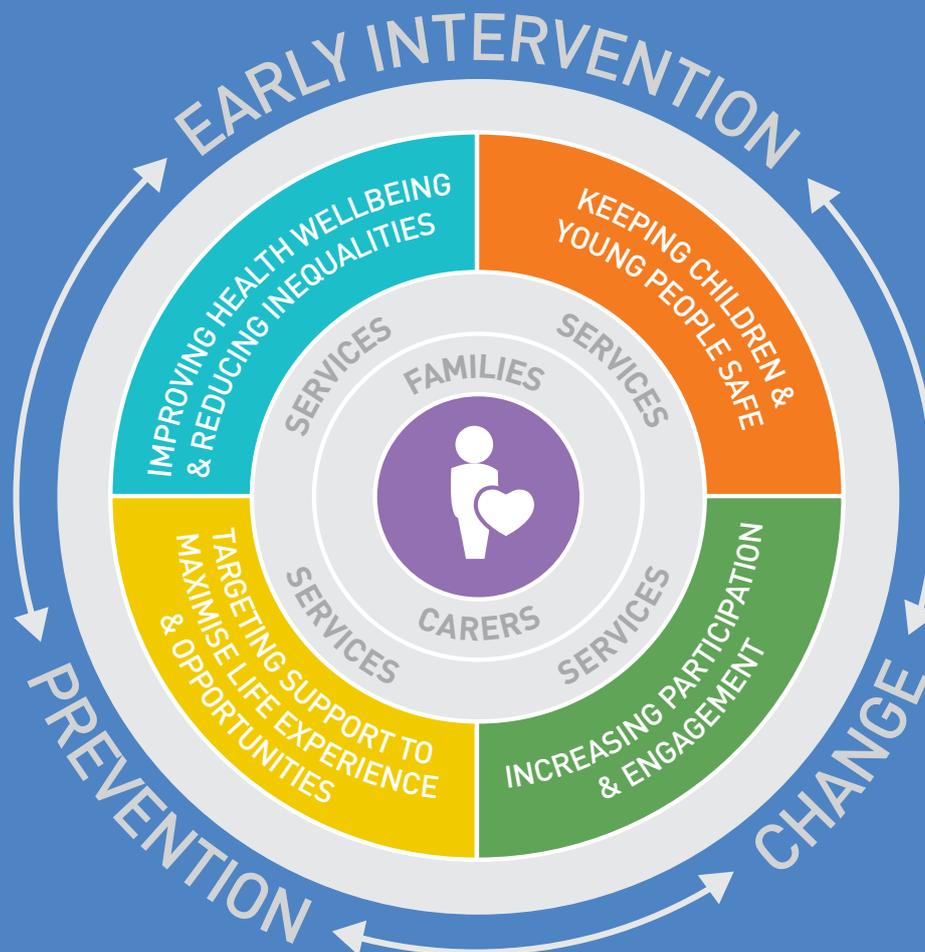
The Integrated Children and Young People's Plan for 2018/2021 will focus on the following four priorities:

1. Keeping children and young people safe
2. Improving health and well-being and reducing inequalities
3. Targeting support to maximise life experiences and opportunities and ensuring inclusion
4. Increasing participation and engagement

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

2. HOW OUR PRIORITIES LINK

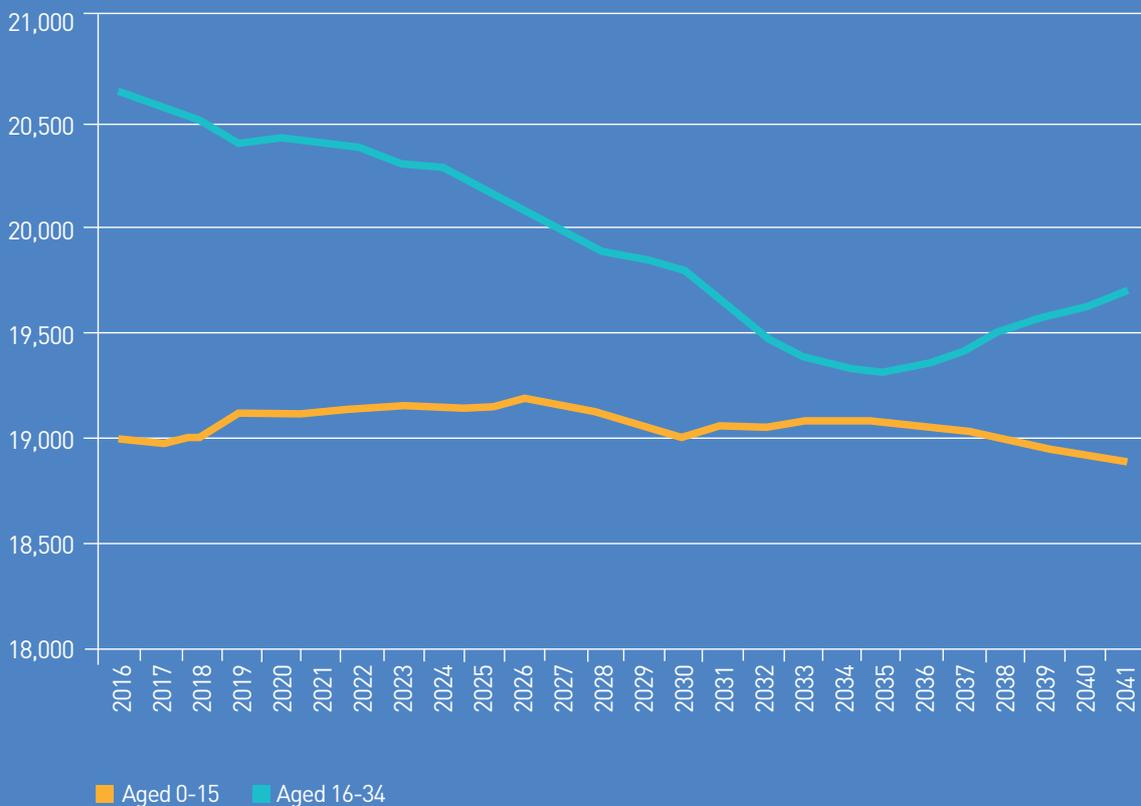
Children and young people, along with their families and carers, should be at the centre of what do. Our four priorities should impact positively on their lives, but be influenced by a new approach which sees us intervene as early as possible; focus on prevention and if necessary, change what we do and the way we do it. We have tried to represent this in the diagram below:



INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

3. CHILDREN AND YOUNG PEOPLE IN THE SCOTTISH BORDERS

There are 21,507 children and young people aged 0-17 in the Scottish Borders, equating to 18.7% of the total population of the region (just under the proportion for Scotland which is 19%). However, a key issue for Borders is the projected longer term decline in both the 0-15 year and the 16-34 year populations, as shown in the graph below, and recent consultation with young people has highlighted a perceived lack of opportunity for study, employment and housing, prompting many to leave the area.



Source: NRS 2016-based principal population projections

Of the 21,507 children:



Over a quarter of children and young people are therefore likely to experience some level of access deprivation, affecting their ability to participate in activities out with the school day and at weekends.

If we take **100 children and young people** in the Scottish Borders, the following information shows our local situation in relation to the four priorities identified within this plan:

PRIORITY 1
 Keeping children and young people safe



PRIORITY 2
 Improving health and well-being and reducing inequalities



PRIORITY 3

Targeting support to maximise life experiences and opportunities and ensuring inclusion

1 out of 100

children was **looked after** by the **Local Authority** in 2017. (Scottish Government Children Statistics)

21 out of 100

secondary school pupils from **deprived areas** achieved **5+ awards at SCQF Level 5 (National 5)** or better in 2016-17. (Improvement Service: LGBF)

7 out of 100

16-19 year olds were not in **education, employment or training** in 2016-17. (Annual Population Survey)

Less than

1 out of 100

children was in temporary accommodation in 2017. (Scottish Government Homeless Statistics)

1 out of 100

under 16 provided **unpaid care for a friend or relative** in 2011. (2011 Census)

44 out of 100

households with **children live in homes which fail the Scottish Housing Quality Standard.**

Out of 100 school leavers in 2016-17:

39

went on to **higher education**

24

went on to **further education**

2

went on to **training**

29

went on to **employment**

1

went on to **another positive destination**

4

were **unemployed** and **1 didn't say**. (Scottish Government Education Statistics)

PRIORITY 4

Increasing participation and engagement

57 out of 100

school pupils engaged in **Active Schools extra-curricular sports participation** in 2017-18 (compared to 45 out of 100 nationally).

- This rose to

61 out of 100

from the least-deprived areas.

- but only

41 out of 100

in the most deprived areas.

(SBC/ Live Borders)

(45 out of 100 nationally)

80 out of 100

Primary 7 pupils participated in **Active Schools extra-curricular sports activities** in 2017-18.

By **S4, only**

37 out of 100

pupils did so. (SBC/ Live Borders)

34 out of 100

children live in the **20% most access deprived areas in Scotland.**

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

4. FAMILY INCOME AND EARNINGS

There are some significant economic challenges facing the Scottish Borders that in turn affect family income. The structure of the economy (with an over-reliance on the public sector, manufacturing, farming etc.) means that many jobs tend to be lower paid than in other areas of Scotland (who benefit from sectors such as finance and media). Gross Value Added (GVA) is an economic measure used to show the monetary value for the amount of goods and services that have been produced/ provided in an area - the higher the value of the goods and services, the higher the GVA.

The difference between Borders and many other regions in Scotland can be seen below:

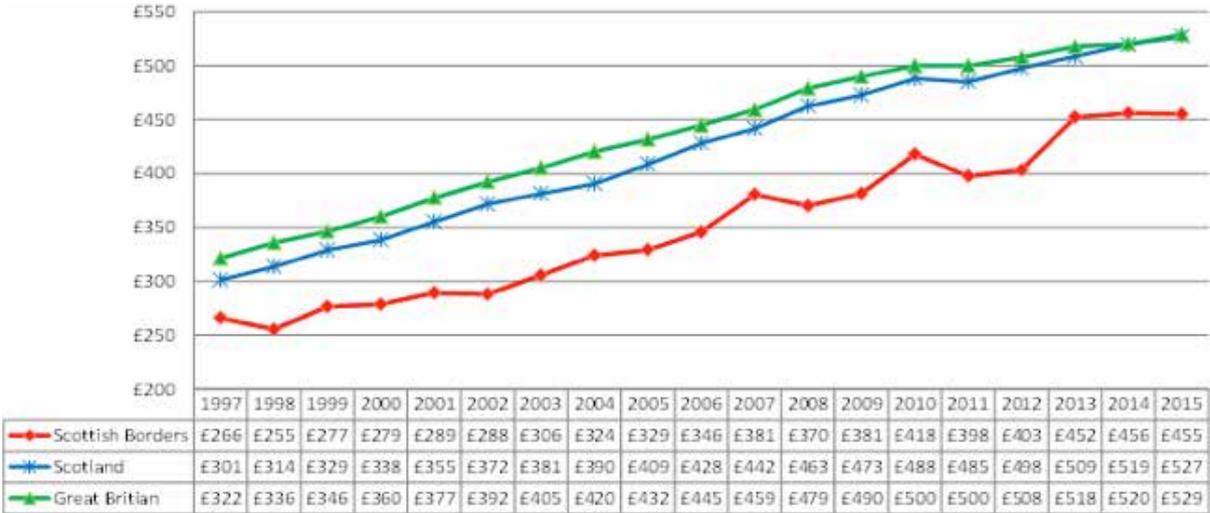
GROSS VALUE ADDED (GVA), REGIONAL COMPARISON 2024 (£million, constant 2013 prices)



Source: Skills Development Scotland³, Oxford Economics analysis

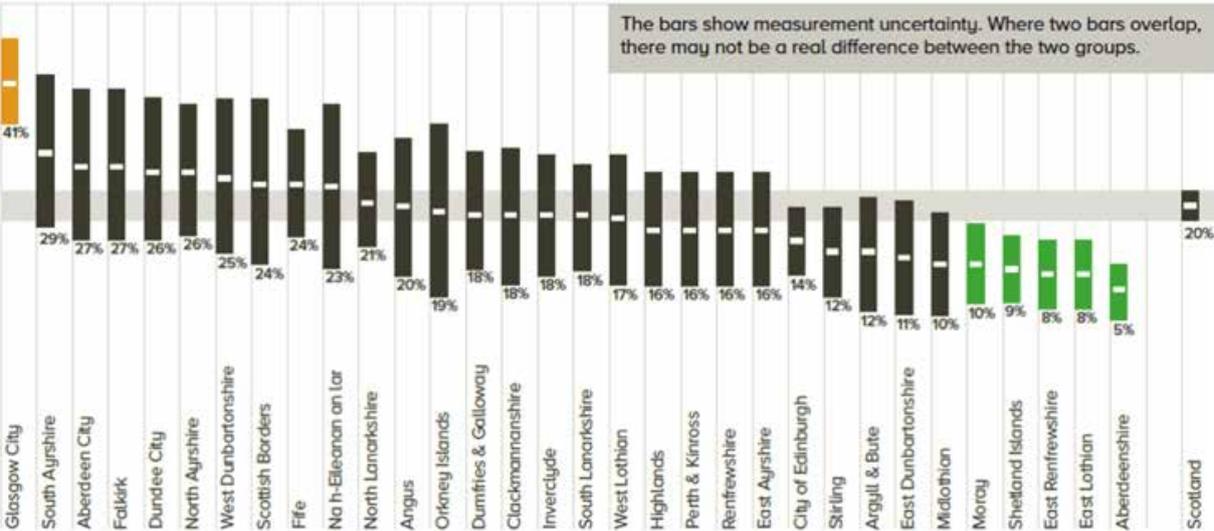
As a consequence of the types of jobs available, median full-time gross weekly earnings (by place of work) in the Scottish Borders continue to lag behind Scotland at £467 compared to £526 (Annual Survey of Hours and Earnings, April 2017) and are the fourth lowest in Scotland. This has been the case for some time (see table below) and has obvious impacts on children and families, with many families in the Borders who have two parents in full time employment, 'just getting by'.

WORKPLACE BASED GROSS MEDIAN WEEKLY PAY 1997 TO 2015, NOMIS



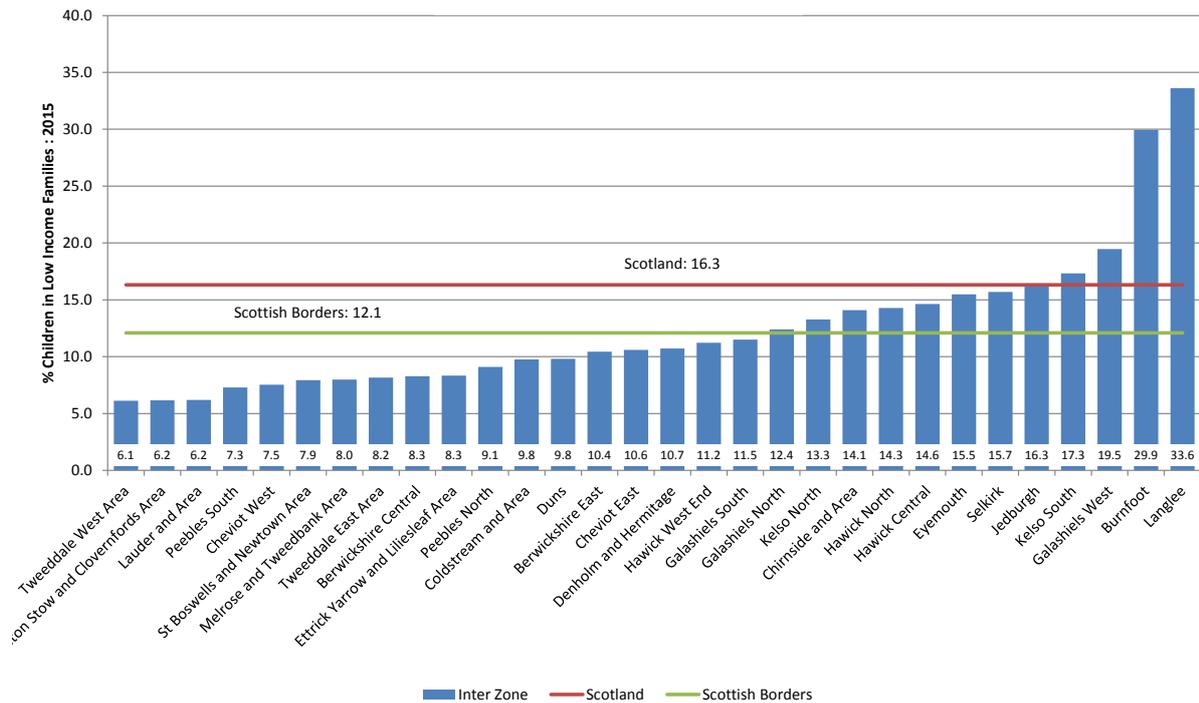
A recent Scottish Government report entitled 'Children in families with limited resources 2014 -2016' shows that **24%** of children in the Scottish Borders live in families with limited resources (see graph below). Surprisingly, this report shows that the percentage of families in the Scottish Borders is higher than many other rural local authorities, which means that our children are more likely to be in poverty compared to, for example Moray and East Lothian (areas that Scottish Borders is often benchmarked against) and shown to the right of the graph.

PERCENTAGES OF CHILDREN WHO LIVE IN FAMILIES WITH LIMITED RESOURCES BY COUNCIL AREA



Official 2015 HMRC Child Poverty figures show increases in levels for the Scottish Borders as a whole, at **12.1%** (up from 10.9% in 2012), and for Scotland at **16.3%** (up from 15.3% in 2012). At a Borders level, the percentage of children in low income families is lower than Scotland, but when data is examined at intermediate data zone (i.e. at smaller areas such as wards), the situation is surprising and concerning, with some areas experiencing levels as high as **33.6%**. A snapshot is provided below:

% CHILDREN IN LOW INCOME FAMILIES AUGUST 2015 SNAPSHOT



Source: HMRC via ScotPHO

Challenges also exist in relation to the funding that SBC receives from the Scottish Government to tackle inequality and deprivation. For example, in order to address the Closing the Gap agenda, Pupil Equality Fund (PEF) is awarded to all local authority areas. Allocations for 2017/18 and 2018/19 were made Free School Meal entitlement data and resulted in the allocation for Scottish Borders being significantly lower than some other areas who sit on the left hand side of the “Limited Resources” graph above.

In both years of PEF funding, Scottish Borders received just over £1.8m, equating to around 1.5% of the total Scottish allocation. Some local authority areas showing similar percentages of “Children in families with limited resources” such as South and North Ayrshire, Falkirk and West Dunbartonshire, received significantly more money (although this would need to be looked at per pupil to make a direct comparison). Lower PEF allocation has resulted in a slower pace of improvement in Scottish Borders e.g. in relation to attainment in our most deprived (SIMD1) areas, compared to other areas where significant funding has been received.

Inequality, poverty and deprivation in the Scottish Borders can remain hidden when looked at in a one-dimensional way i.e. using only Free School Meal entitlement. With this in mind, SBC developed a Child Poverty Index (CPI) when planning the roll out of the expanded early years provision in 2017/18, ensuring that a more rounded and representative approach was taken, by providing additional insight into Child Poverty in the Scottish Borders. This approach has been shared with Scottish Government and interest has been expressed in examining a methodology such as this further.

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

5. OUR ROLE AS A CHILDREN & YOUNG PEOPLE'S LEADERSHIP GROUP (CYPLG)

The CYPLG is an improvement partnership made up of key stakeholders who deliver services for Children and Young People in the Scottish Borders and includes SBC, NHS Borders, Police Scotland, SCRA and the Third Sector (Youth Borders, LiveBorders).

The key aim of the CYPLG is to safeguard, support and promote the wellbeing of children and young people and improve their life chances.

The plan is underpinned by the United Nations Convention on the Rights of the Child (UNCRC) as well as a range of legislation and national policy, and the CYPLG has a key role in linking the work and plans of all partners to achieve the best outcomes we can for our children and young people.

The improvement partnership is almost unique in Scotland. As well as coming together to make things happen and change practice, the members are decision makers within their respective organisations whose work has an impact on the lives of children and young people in the Scottish Borders and join together through a shared vision and set of priorities.

The new approach described on page XX (7?) will enable the CYPLG to focus on the principles of:

- **Focussing on early intervention and prevention** to support children, young people and their families where and when they need it most
- **Engaging with, and listening to children, young people and their families** to increase our understanding of their issues and vulnerabilities
- Working with children, young people and their families to help them **strengthen their own relationships, and their relationships with services** available to them.

The CYPLG works together to:

- Provide strategic leadership and direction
- Identify and provide solutions to emerging topics and issues
- Implement strategies and plans where relevant to the CYPLG
- Engage effectively and listen to the needs of children and young people
- Commission partner organisations to provide specialist services
- Build effective partnerships in addressing priorities

- Monitor progress against the Integrated Plan actions
- Review data and statistics to inform actions
- Promote best practice
- Provide best value
- Enable better communications of successes and priorities
- Promote joint staff training and development

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

6. STRATEGIC CONTEXT

LEGISLATION

This plan ensures that the planning and delivery of our services complies with policies, legislation and guidance across the Scottish Government. The requirements of the Children and Young People's (Scotland) Act 2014 have been particularly influential in formulating the plan but the CYPLG works with a wide range of legislation, strategies and policies to plan future services for children, young people and families.

CHILD POVERTY (SCOTLAND) ACT 2017

The Child Poverty (Scotland) Act 2017 requires that Scottish Government meets four income-based child poverty targets by 2030 and indicates the actions it will take to meet those targets.

The targets are as follows:

- a) < 10% of children living in households in relative poverty
- b) < 5% of children living in households in absolute poverty
- c) < 5% of children living in households that combine low income and material deprivation
- d) < 5% of children living in households in persistent poverty

The Act also introduces a requirement for local authorities and each relevant Health Board to jointly prepare a Local Child Poverty Action Report, as soon as practicable after the end of each reporting year. **The first such report is due in June 2019.**

Priority 2 of this plan (Improving health and wellbeing and reducing inequalities) reflects the actions required to comply with the Child Poverty (Scotland) Act 2017.

PUBLIC HEALTH PRIORITIES FOR SCOTLAND

A set of national public health priorities have been developed which represent agreement between Scottish Government and local government about the importance of focusing our efforts to improve the health of the population.

The Public Health Priorities are designed to improve healthy life expectancy and reduce inequalities. They are:

- Vibrant, healthy and safe places and communities
- Flourishing in our early years
- Good mental wellbeing
- Reduced use of and harm from alcohol, tobacco and other drugs
- A sustainable, inclusive economy with equality of outcomes for all
- Eating well, having a healthy weight and being physically active.

Priority 2 (Improving health and wellbeing and reducing inequalities) reflects the actions required to focus on these priorities.

GIRFEC

We will continue to use the GIRFEC approach in the Scottish Borders. Improving wellbeing for every child and their families is a key pillar in developing and improving our services for children and young people and we will aim to deliver improvements in outcomes in safety, healthy, achieving, nurtured, active, respected, responsible and included. Where work supports these wellbeing indicators, this has been detailed under each of our strategic priorities.

NATIONAL PERFORMANCE FRAMEWORK

The National Performance Framework (NPF) is an outcomes-based framework which promotes partnership working by making organisations jointly accountable for planning and spending to achieve shared outcomes. The national outcome in relation to children and young people is 'We grow up loved, safe and respected so that we realise our full potential'. All priorities in this plan reflect actions to meet national outcomes for our children and young people.

COMMUNITY EMPOWERMENT (SCOTLAND) ACT 2015

Community planning is the process by which councils and other public bodies work with local communities, businesses and community groups to plan and deliver better services and improve the lives of people who live in our area. It was introduced by the Local Government in Scotland Act 2003. The Community Empowerment Act lists the public authorities which are required to take part in community planning and places duties on them. In addition to SBC, other key organisations are represented on the partnership including NHS Borders, Police Scotland, Scottish Enterprise and Scottish Fire and Rescue Service. These authorities form a Community Planning Partnership (CPP) for each local authority area. One of the duties of the CPP is to produce a Community Plan.

SCOTTISH BORDERS COMMUNITY PLAN

The Scottish Borders Community Plan (known under the Community Empowerment Act as a Local Outcomes Improvement Plan) is based around four themes:

1. Our Economy, Skills and Learning: How do we build and improve our economy, skills and learning?
2. Our Health, Care & Wellbeing: How do we promote and improve our health, care and wellbeing?
3. Our Quality of Life: How do we protect and improve our quality of life?
4. Our Place: How do we develop and improve our place?

A key priority for the CPP within the Community Plan is reducing inequalities i.e. closing the gap between our least and most disadvantaged in our communities and a **Reducing Inequalities** Delivery Team, chaired by the Service Director Children & Young People, is committed to taking an early intervention and prevention approach across the four community planning themes. The Delivery Team has prioritised a number of work streams, some of which can be taken forward as part of this Integrated Children and Young People's Plan.

These are:

- Developing a model for vulnerable children and young people in the Scottish Borders in relation to mental health.
- Developing a more strategic approach of support for vulnerable teenagers and young adults in the Scottish Borders.
- Building on the success of the Galashiels 16+ Transitions Project, work with Registered Social Landlords (RSLs) to seek funding to expand and roll out further across the Borders.

SCOTTISH BORDERS COUNCIL'S CORPORATE PLAN 2018-2023

The new Corporate Plan (OUR PLAN for 2018-2023 and your part in it) sets a direction for SBC in order to:

- Make the most of the opportunities we now have
- Tackle the challenges we face
- Take account of what our councillors want to achieve for the Scottish Borders
- Ensure we respond to national policies and other statutory requirements.

The plan is based around four themes and sets out the high level actions that SBC is committed to, as well as the part that individuals, communities, families and businesses can play to help keep the Scottish Borders thriving.

The four themes are:

- a. Our Services for You
- b. Independent Achieving People
- c. A Thriving Economy, With Opportunities for Everyone
- d. Empowered, Vibrant Communities

Within the Independent, achieving people theme, SBC has made a commitment **to poverty proof within schools, to school/business engagement** and to **working in partnership** to build the resilience of our young people and to support and develop their emotional well-being, resilience and mental health. This has also been supported with significant additional funding in the 2018-2019 Financial Plan around **young people's emotional health and wellbeing**.

NHS CLINICAL STRATEGY

The focus for improvement in this strategy in relation to child health is on three main areas:

- As is their right, children and young people will be involved in decisions and planning that affect their health and, when it is appropriate, families will also be included.
- The move from child health services to adult services will be improved.
- There will be greater capacity to deliver health care services in the community for children who are unwell.

There are many other plans and strategies that the CYPLG is aware of and make reference to in their work.

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

7. PRIORITIES FOR THE CYPLG FOR 2018-2021

To define strategic priorities and outcomes for 2018-2021, the CYPLG has carried out the activity detailed below to arrive at a new vision and four key priorities with clear outcomes which will be progressed over the next three years and beyond. These priorities set out where we will focus our work and provides strategic direction for our integrated services.

2017-18 CYP Plan	National & Strategic Context	Activity
Children & Young People (Scotland) Act 2014	Child Poverty (Scotland) Act 2017	Stakeholder workshop to review existing priorities and key actions within Plan
Joint Inspection of Services for Children & Young People in the Scottish Borders	Public Health Priorities for Scotland	Executive Group decisions on shape of new plan
	National Performance Framework	CYPLG sign off
	South of Scotland Economic Partnership	CPP sign off
	Citydeal	
	Borderlands	
	East of Scotland Diabetes Partnership	
	Scottish Borders Community Plan	
	SBC Corporate Plan 2018/23	
	NHS Borders Clinical Strategy	
	SBC's Financial Plan 2018/19	

This resulted in the new Integrated Children and Young People's Plan for the Scottish Borders 2018-2021.

VISION

“ Working together we will ensure all children and young people have a sense of belonging, self-worth and self-confidence to achieve their unique potential. ”

8. PRIORITIES FOR THE CYPLG 2018-2021



In pursuit of our vision, we will strive to improve the well-being and life chances of all our children, young people and families through the provision of high quality, integrated services delivered through the actions set out within the four priorities.

We are committed to and focused on ensuring that all our children and young people living in the Scottish Borders have a good childhood and are prepared for adulthood.

We will maintain a strong focus on early intervention and prevention, building resilience and supporting children, young people and families to develop the skills and capabilities that enable them to navigate the challenges of modern life.

We are strong advocates of partnership working, and are committed to working collaboratively to ensure that services are joined up as we strive to meet the needs of children and young people.

In delivering these priorities we will ensure that the GIRFEC approach and UNCRC is embedded within the work required to achieve our aims. This includes making sure that the voices of children and young people are considered as part of the planning process. There are many ways in which their voices are already part of our work e.g. School Pupil Wellbeing Survey 2017-2018, High School World Café Consultation 2017, Year of Young People 2018 Online Survey.

From the surveys and consultations, children and young people told us what they like about living in the Scottish Borders:

“I like to play inside my house.”

Leadership Group working group: ‘Have your say on play’

“I like to play outside in my garden.”

Leadership Group working group: ‘Have your say on play’

“I feel safe and secure in school.”

Pupil Wellbeing Survey 2017-2018

“My school encourages young people to get involved and contribute to the local community.”

Pupil Wellbeing Survey 2017-2018

“I think the school cares about their young people.”

Pupil Wellbeing Survey 2017-2018

“Everyone is treated nicely in school.”

Year of Young People Consultation 2018

However, the CYPLG wishes to address other issues arising from the consultations and surveys, and the following pages describe the priorities in detail, along with the outcomes they hope to achieve and the key actions required to deliver them.

PRIORITY 1

Keeping children and young people safe

OUTCOME

More children and young people will be protected from abuse, harm or neglect and will be living in a supportive environment, feeling secure and cared for.

WHAT OUR CHILDREN AND YOUNG PEOPLE ARE CONCERNED ABOUT

1. 'Kids in bad areas are getting into drugs and alcohol because they don't have good parental support.' (Year of Young People 2018 Consultation)
2. 'Kids are being bullied.' (YOYP 2018 Online Survey)
3. 'More needs to be done to keep the Borders safe for young people.' (Year of Young People 2018 Online Survey)

WHAT WE WILL DO

1. Adopting the principles of co-production, work in partnership with the Child Protection Committee to produce a modernised strategy for public protection, recognising the role of communities and families.
2. Establish a partnership Early Intervention Programme to prevent risks escalating in families where there are significant and/or multiple challenges.
3. Provide young people with the support and advice they need to ensure they have the skills and confidence at key life stages to assess risk and make appropriate choices.
4. Review and refresh current approaches to interventions delivered within schools and communities by all partners to help young people stay safe.

HOW WILL WE KNOW

A range of measures will be developed by the Leadership Group e.g.

1. Fewer children on the Child Protection Register
2. More children will feel safe.

PRIORITY 2

Improving health and well-being and reducing inequalities

OUTCOME

Inequalities in the health and wellbeing of young people are reduced.

WHAT OUR CHILDREN AND YOUNG PEOPLE ARE CONCERNED ABOUT

1. 'There are kids getting into drugs and alcohol.'(Year of Young People 2018 Consultation)
2. 'Many young people are so vulnerable and so ignorant about the effects of drugs and alcohol.'(Year of Young People 2018 Consultation)
3. 'Some children have mental health and confidence issues.'(Year of Young People 2018 Consultation)

WHAT WE WILL DO

1. Play a key part in the development of the Scottish Borders Child Poverty action plan - leading to changes in practice across all partners that impact on the drivers of child poverty.
2. Continue to build capacity in universal services to improve health and wellbeing of all children and young people, including their emotional health and well-being and healthy lifestyles – diet, physical activity, alcohol, drugs and tobacco and sexual health.
3. Influence the local housing strategy, to focus on the needs of vulnerable young people and families.
4. Ensure that play is an integral part of life for our children.
5. Promote opportunities and the use of local spaces for young people to spend free time with friends.
6. Influence the use of the next tranche of Active Schools funding, from 2019-2020 onwards to ensure it addresses inequality.
7. Inclusion Strategy – to join up services and opportunities in the Borders.

HOW WILL WE KNOW

A range of measures will be developed by the CYPLG e.g.

1. Progress in implementing the Child Poverty Action Plan.
2. Fewer children experiencing mental health issues.
3. Increase in range of opportunities to offer family support.
4. Children will have a Child's Plan and Lead professional at Stage ¾ of our Single Planning Process.

PRIORITY 3

Targeting support to maximise life experiences and opportunities and ensuring inclusion

OUTCOME

Life experiences and opportunities are improved for children and young people who require our targeted support.

WHAT OUR CHILDREN AND YOUNG PEOPLE ARE CONCERNED ABOUT

1. 'We need to do more for disabled children.' School Wellbeing Survey 2017
2. 'We need to do more for young carers.' Year of Young People 2018 Consultation
3. 'Some young people are homeless.' Year of Young People 2018 Consultation

WHAT WE WILL DO

1. Focus on ensuring positive outcomes for children who are living at home but subject to statutory measures (and are therefore Looked After Children at home).
2. Targeted partnership approaches to children and young people with additional and complex needs building on successful programmes such as the Family Nurse Partnership.
3. Identify and address the barriers that get in the way of individuals and families feeling included and supported within communities across the Scottish Borders.
4. Using new opportunities e.g. through the South of Scotland Economic Partnership, design approaches to support all young people moving into adulthood - healthcare, housing, tenancy sustainment, income maximisation, employability. This should include mentoring and expansion of the 16+ Transitions Project and priorities identified by the CPP Reducing Inequalities Delivery Team.

HOW WILL WE KNOW

A range of measures will be developed by the CYPLG e.g.

1. Fewer looked after children at home.
2. More young carers identified and supported.
3. More children affected by a disability and or complex health needs with access to mainstream school and other services and activities in their own local community.

PRIORITY 4

Increasing participation and engagement

OUTCOME

All our children and young people will be encouraged to be involved in the planning, provision and delivery of services and their rights respected.

WHAT OUR CHILDREN AND YOUNG PEOPLE ARE CONCERNED ABOUT

1. 'When creating new schools, young people having a bigger say in what is in it – design facilities and resources.' Year of Young People 2018 Consultation
2. 'Young people having a bigger and more important say in politics' Year of Young People 2018 Consultation
3. 'Compulsory education on voting and politics.' Year of Young People 2018 consultation
4. 'Young people attending important meetings in town planning and the future of Scotland.' Year of Young People 2018 Consultation
5. 'Young people having a say in the future of their towns.' Year of Young People 2018 Consultation
6. 'We would like to have a say in how the school is run.' Year of Young People 2018 Consultation
7. 'Young people more involved in education decisions.' Year of Young People 2018 Consultation

WHAT WE WILL DO

1. Co-produce a robust and effective Children's Rights and Participation Strategy which raises awareness of children's rights and encourages children and young people to become involved, including establishing a Young Borders Action Team.
2. Further develop peer support models to encourage children and young people to become involved.
3. Establish a range of effective methods to engage with parents and make schools accessible.
4. Work to embed a rights respecting culture in all we do across services for young people, ensuring their voice is heard, considered and responded to at all tables across the CPP.
5. Develop robust and appropriate advocacy for young people across all our services.
6. Encourage stronger partnerships with the third sector and other partners to support alternative learning and achievement routes.

HOW WILL WE KNOW

A range of measures will be developed by the CYPLG e.g.

1. Increased creative and positive local opportunities for training and employment for young people in the Scottish Borders.
2. Children and young people report an increased awareness of children's rights and feel their rights are respected, protected and fulfilled.

9. THE CYPLG APPROACH

The CYPLG represents partners across a number of services within the Scottish Borders and is also responsible for the actions of the groups shown in the inner ring of the diagram below. These groups take their strategic direction from the CYPLG and regularly report on how they are contributing to the vision and key priorities of the partnership.

The outer ring in the diagram represents other groups who are involved in and engage with children and young people in the Scottish Borders. These groups and communities of interest have a direct relationship with the CYPLG through specific actions outlined in this plan's priorities.



In addition to these partnership groups, the CYPLG has an important role in connecting with and influencing a number of other boards and interagency initiatives, including:

- Developing the Young Workforce (DYW) Group
- Reducing Inequalities and Joint Delivery
- Integration Joint Board (IJB)
- Strategic Housing
- Critical Services Oversight Group (CSOG) and Child Protection Committee (CPC)
- Diabetes Prevention Partnership
- Police, Fire & Rescue
- Safer Communities Board
- Alcohol and Drugs Partnership
- Corporate Parenting Group

10. WORKFORCE PLANNING AND DEVELOPMENT

To deliver improved outcomes for children and young people we rely on a knowledgeable, experienced and caring workforce who provide a variety of services across the Scottish Borders. As a leadership group, we value the workforce and we will continue to invest in and support staff at all levels through multi-agency training, information sharing and briefing to increase skill levels and knowledge and support delivery of our priorities. We will work with the third sector and other partners, supporting their training and skills delivery on the ground to build capacity across all sectors, thereby developing stronger and more robust support to children and young people at a local level.

We will work within the framework of the Common Core of Skills, Knowledge and Values (SSC, 2015) to strengthen our shared understanding and practice across different services to meet needs and improve outcomes for children young people and families.

This framework is shaped round four values:

- **Respect:** people using services as experts in their own lives with opinions, knowledge and experiences; valuing the contribution of others.
- **Collaboration:** improved outcomes come through people working together in partnership.
- **Participation and dignity:** promoting the rights of individuals to play an active part in their community, as much as they want to, and respecting their choices of how they wish to lead their lives.
- **Empowerment:** making sure those who use services recognise and use their strengths and are able to make informed decisions.

In order to fulfil these values the framework outlines required skills in key areas - self-awareness, building trust, promoting dignity and fairness and engagement.

<http://www.sssc.uk.com/about-the-sssc/multimedia-library/publications/70-education-and-training/common-core-of-skills,-knowledge-and-values-grid>

We are committed to continuing to deliver the training and development needed to sustain progress on the priorities in this plan and the programmes that underpin it.

INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

11. COMMISSIONED SERVICES

We want to ensure that the best possible services are provided for children and young people. To complement our universal services and provide additional support, a range of targeted services for children and young people are commissioned and delivered through statutory and third sector services.

Following the recent completion of our Commissioning Strategy (March 2017), we apply the principles set out below to commissioning services:

- Focus on early intervention and prevention; ensuring we target families early enough.
- Ensure that children and families' needs are at the centre of service design and delivery.
- Ensure reducing inequalities is a priority across all services but that we get an appropriate balance between resourcing targeted and universal services.
- Improve integrated working and focus on combined resources.
- Work with and empower communities.
- Improve outcomes for every child and their families.

A strategic needs assessment was carried out as part of the development of the strategy and a number of areas were identified to be addressed through targeted commissioned services, including:

- Positive emotional and mental health wellbeing of children and young people.
- Availability, access and support for young carers.
- Consistency of access to quality youth work services.
- Supporting choices:
 - Equality and inclusion
 - Positive life choices
- Availability and access of advocacy services.

Appropriate commissioned services have been appointed to deliver these targeted areas, making best use of statutory, independent and third sector provision.

Additional sources of funding to commission services have been awarded by SBC as a one-year investment and this will be used to complement current resources.

We will continue to develop partnership models of service delivery and funding, to ensure that the best use of resources, knowledge and expertise is utilised in meeting the needs of our children and young people.

CURRENT COMMISSIONED SERVICES

SBC CHILDREN & FAMILIES SOCIAL WORK - EARLY INTERVENTION

The provision of significant funding has been used to employ an additional five social workers across the service. The funding allows for the delivery of early intervention which enables continued work with children and families on a non-statutory basis. Without this, service provision would concentrate on children and young people predominantly involved in the Children's Hearing and Child Protection systems.

QUARRIERS EMOTIONAL HEALTH & WELLBEING SERVICE

This service provides a holistic model of generic support for children and young people aged 10-18 years to improve and promote emotional health and wellbeing for those who are vulnerable or are involved in risk taking activity, utilising psychologically informed approaches.

GENERIC YOUTH WORK (SEVEN PROVIDERS ACROSS THE BORDERS)

A sustainable model which offers consistency of access to quality youth work services in addition to and supporting positive life choices, equality and inclusion with a focus on targeted work to support the most vulnerable young people.

POLICE SCOTLAND - LOCALITY INTEGRATION OFFICERS

This service provides funding for three police officers which Police Scotland match fund to provide six dedicated officers in total. The officers work as part of the locality team, addressing local problems and issues through partnership working. These six officers are protected from 'routine' operational duties and their role is to complement the school curriculum of personal and social development and support service users through successful interventions to prevent offending or re-offending.

ACTION FOR CHILDREN

- **Young Carers:** ongoing support of children and young people with caring responsibilities; providing a service with improved availability and access to enhance the quality of life as a child and young person.
- **Families Drug & Alcohol Service (CHIMES):** this service provides support to children and families who are affected by substance misuse.

NHS BORDERS - COMMUNITY CHILDREN'S' NURSES

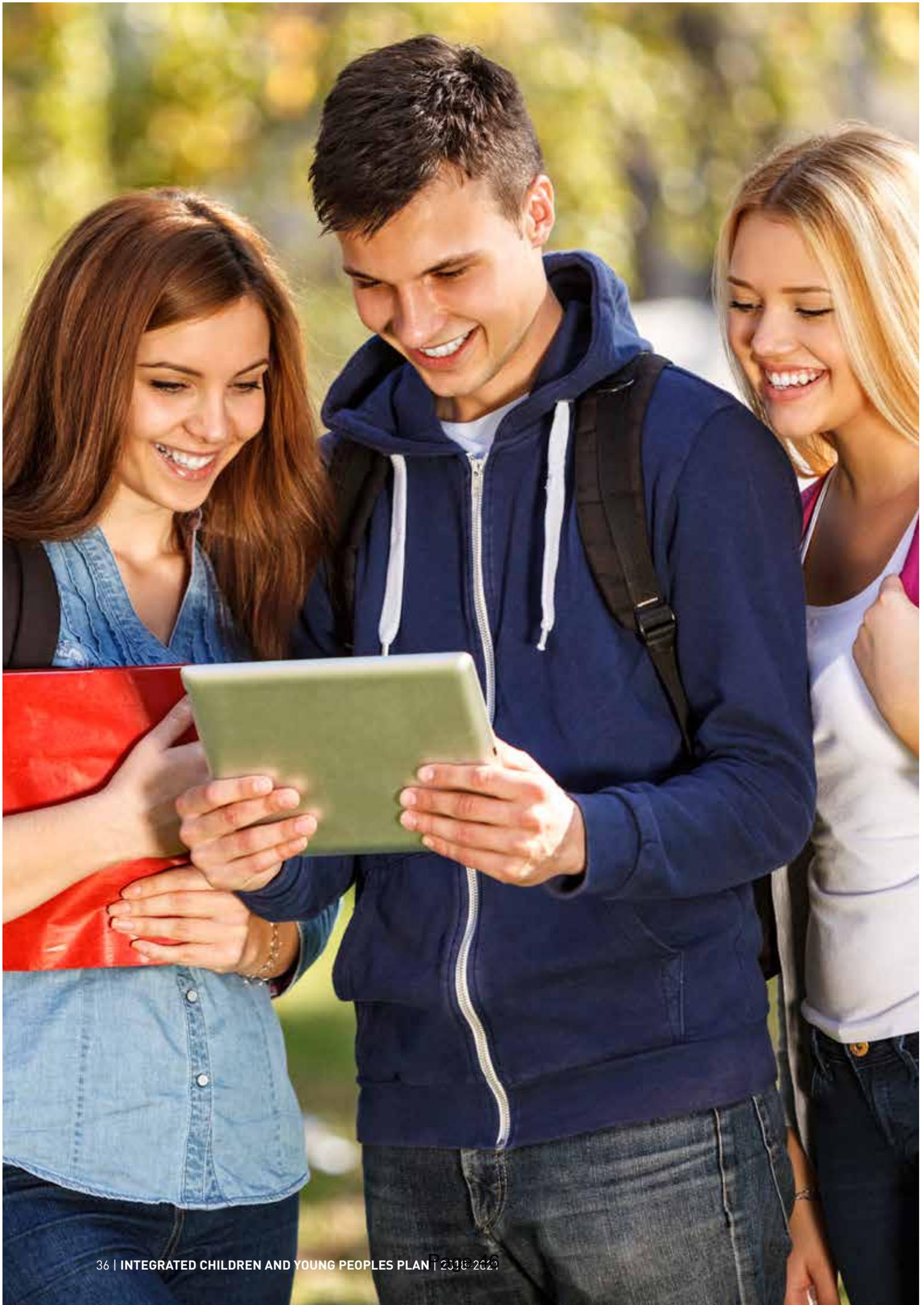
This service is for children and young people who have complex health needs and enables them to be cared for as close to home as possible. It is a holistic model of nursing support and provides supported transition to adult services as well as advice to parents and carers to enable children and young people to participate in education.

CHILDREN 1ST - ABUSE & TRAUMA RECOVERY SERVICE

This service is available for children and young people who have experienced sexual, physical and/or emotional abuse and where there is an impact of parental issues. Through 1:1 support, the service aims to minimise the impact of sexual, physical and/or emotional abuse to support recovery.

LGBT SCOTLAND - LGBT YOUTH BORDERS

This service is for LGBT Young People who require an additional level of support and would benefit from opportunities to build networks with other LGBT young people. Through a range of activities such as youth groups and 1:1 support, the service supports LGBT young people to be more confident and increase their levels of self-esteem.



INTEGRATED CHILDREN AND YOUNG PEOPLES PLAN 2018-2021

12. MODEL OF SUPPORT

The CYPLG utilises a model of support which has four stages and is designed to show what activity takes place at different levels and how our actions and commissioned services fit into that.

STAGE 1 – UNIVERSAL SERVICES

Trained universal frontline staff (teachers, CLD workers, youth workers, health workers) support young people experiencing mild or short term emotional health issues. These staff will signpost children and young people to relevant activities and supports including quality approved online and mobile based self-help tools.

STAGE 2 – UNIVERSAL PLUS

Enhanced training is provided for universal staff in mental health first aid and applied suicide intervention skills. Universal staff provide enhanced support to young people experiencing longer term or moderate emotional health issues. Advice and consultation is provided by the Emotional Health Service.

STAGE 3 - LOCALITY MULTI-AGENCY WORKING (TARGETED INTERVENTION)

Children and adolescent mental health services (CAMHS) provide specialist clinical services for significant mental health issues e.g. mood and anxiety disorder, OCD, suicide attempt, psychosis, neuro-development disorders and eating disorders.

STAGE 4 - HIGH LEVEL SPECIALIST PROVISION

National services e.g. eating disorders, complex trauma.

13. MONITORING, EVALUATING AND REPORTING

To enable the delivery of the key actions within the four priorities, the CYPLG has to ensure that appropriate work is being undertaken and more importantly that it is making a difference and results in outcomes being met.

Various mechanisms are used to monitor, evaluate and report as outlined below:

SCORECARD

The CYPLG has developed a scorecard which is aligned closely with the priorities, outcomes and key actions. The quantitative data is designed to measure the effectiveness of the actions within each priority.

The scorecard is prepared and reported regularly to the CYPLG and assists the group to make decisions in terms of any additional actions or focus required.

OUTCOME FOCUSED REPORTING

Many of the actions within the priorities require reporting mechanisms for a specific purpose and these are also used to update the CYPLG e.g. a requirement of the Child Poverty Act (Scotland) 2017 is the production of an annual report to the Scottish Government. This will also be considered by the CYPLG as evidence that the work is being undertaken by partners to achieve desired outcomes.

SELF-EVALUATION

The CYPLG carries out an ongoing process of gathering evidence of the effectiveness of each action and priority by visiting service providers, attending celebratory events and other activities. This is an important duty of the group and provides networking opportunities as well as a sense of achievement.

Commissioned services are required to submit a self-evaluation report every six months. This report is to provide an update to the CYPLG in terms of what the service has used their funds to

You can get this document on audio CD, in large print, and various other formats by contacting us at the address below. In addition, contact the address below for information on language translations, additional copies, or to arrange for an officer to meet with you to explain any areas of the publication that you would like clarified.

CHILDREN AND YOUNG PEOPLE

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Community Planning Partnership Strategic Board

Community Plan Action Plan update September 2018

Theme	Our Health, Care & Wellbeing: Leads – Rob McCulloch Graham and Tim Patterson
Outcomes	<ol style="list-style-type: none">1. More people in good health and leading an active lifestyle at every age and stage of life2. More people in good mental health at every age and stage of life3. Improved support and care for older people

Progress in Current Reporting Period

Obesity and Physical Activity

- NHS Borders uses a Tiered approach to reduce overweight and obesity in the Borders and support people to improve their diets. These pathways are now being reviewed as a result of the establishment of the Borders Diabetes Prevention Partnership and the new East of Scotland Diabetes Prevention Partnership.
- Walk It is the Scottish Borders branch of the Paths for All Health walk programme. Walk It aims to encourage exercise as part of a health lifestyle and promotes walking as an ideal way of getting fit and relieving stress. Walking lies within the capabilities of most people and is a realistic goal for inactive people, in addition, it's free and does not require special equipment. Walk it walks are accessible to all and an easy activity to undertake. Health walks are normally held on a weekly basis and walkers will often stay on to share a cup of tea or coffee. There are now twenty seven walking groups covering all the major towns and some Borders villages. There are over one thousand registered walkers and over seventy volunteer walk leaders. While not specifically aimed at older people eighty per cent of its walkers are aged over 55.
- The Healthy Living Network works closely with partners including the Community Capacity Building team to develop and support initiatives in local communities, for example, the Eyemouth Tea Dance offers a social space where older people undertake physical activity and access healthier eating while the Reminiscence Group in Burnfoot allows people to meet and discuss cultural and social heritage of Hawick.
- The Health Improvement team coordinates a maternal healthy weight programme which enables a Health Improvement specialist midwife to refer pregnant women with a high BMI to Live Borders for exercise classes as well as providing healthy eating advice using motivational interviewing approaches. The offer of physical activity is designed to minimise discomfort or embarrassment for women who participated.

- A partnership approach between Live Borders and the Health Improvement team has led to the provision of community based physical activity options for people with a range of health conditions. NHS Borders healthcare professionals are able to refer patients to discounted exercise classes, including Steadi classes for people who have experienced a fall or is likely to fall in the future. In addition, people referred can choose to purchase up to 12 weeks membership at a reduced rates.
- Councils and their partners are working to create community environments that support healthier eating and make it easier to stay active through strategies and programmes such as the “Daily Mile” initiative, community gardens and numerous projects focused on food as well as the work of local government in developing cycling and walking networks and green spaces. All of this involves taking a multi-faceted approach, involving among other things, the public and private sector working together to help transform the environment to support healthier choices.

Smoking

- NHS Borders Smoking Cessation Service (Quit Your Way, previously Quit4Good) operates Borders-wide via specialist Smoking Cessation Advisors and Pharmacies offering drop-in and one to one support. It also supports patients attending the Borders General Hospital. In addition, each pharmacy within the Borders offers stop smoking support as part of their public health contract. To better help smokers Quit Your Way has effectively used a number of marketing routes, these include:
 - Facebook campaign
 - New publicity materials (e.g. pull up banners and leaflets)
 - Radio marketing
- In the Borders, Community Midwives can automatically refer pregnant women who are smokers to the Quit Your Way. Pregnant women are further supported by the Specialist Midwife to gain a greater understanding of the risks associated with smoking during pregnancy and enable them to make a more informed choice. Improvements in information sharing to offer more consistent support on transition from midwife to health visitor.
- In 2015 – 16, over 75% of children receiving a 27 – 30 month health review lived in home where they were not exposed to second hand smoke. Localised data showed a considerable variation between communities in exposure to smoke. This information is enabling early years services to target more effectively initiatives that promote smoke free environments.

Alcohol and Drugs

- The Borders Alcohol and Drugs Partnership brings together the main partners in minimising the harm resulting from our relationship with alcohol and drugs in the Borders. The ADP is responsible for amongst other things;
 - Ensuring there is the correct range of drug and alcohol services available informed by evidence and based on identified need
 - Making the decisions on how the funding from Scottish Government will be spent and putting in place performance management arrangements to track progress

- Implementing drug and alcohol strategies, including working with the Scottish Drugs Recovery Network to implement recovery and with local partners to take forward the whole population approach on alcohol and effective prevention and early intervention interventions for alcohol and drugs.
 - The ADP is currently developing new proposals to reduce harm from alcohol and drugs within the Borders in response to the new national draft Scottish alcohol and drugs harm reduction strategy.
 - Communicating the impact of activities to stakeholders including service users and the public.
- Across Scotland, recovery peer support networks and recovery colleges are growing in strength and providing access to peer support, personal and social development, and learning opportunities to help reduce dependency on harmful substances. Local partners are working with communities to develop education programmes in schools and beyond, and to design health-promoting environments which support healthier choices and reduce harm.

Specific alcohol related initiatives

- During 2016-17 Public Health undertook an audit of the case notes and service uptake for people who had died from alcohol related conditions to increase our understanding of people's experience and inform future interventions to prevent these untimely deaths.
- An annual Alcohol Profile is produced which brings together information from a variety of sources to support the Licensing Board in their decision making
- Work with ADP partnership colleagues to support the Best Bar None award which takes a positive approach to raising standard within licensed premises

Specific initiatives to reduce Drugs Deaths

- Drug Related Death Review Group explores circumstances of suspected DRDs in the Scottish Borders. The aim is to identify learning from the reviews and promote best practice as well as contributing to the National Drug-related Deaths Database (NDRDD) and implementing national and local drug strategies to reduce problem drug use.
- Take Home Naloxone which is a medicine that can temporarily reverse the effect of an opiate overdose is widely available to people at risk, families and friends across the Borders. This was extended into the Emergency Department of BGH.
- All staff who attend Alcohol & Drugs Partnership (ADP) training events are provided with a briefing sheet on risk factors of drug deaths. This was provided to 226 attendees in 2017/18.
- Preventing Drug Death workshop held in December 2017 to confirm current prevention activities and identify areas for improvement was held with action plan in place.
- Piloting a targeted response for people who frequently do not attend appointments with drug services (hard to reach population)

Mental Health

- The Borders Children and Young People's Leadership Group (CYPLG) is redesigning the support for children and young people and ensuring there are clear pathways to support including:
 - The introduction of a new commissioned service to support emotional wellbeing, partners are committed to renewing pathways to support, so that services are clear about roles, sources of help and referral routes within their locality

- Rolling out the Growing in Confidence programme to build resilience in staff, in parents and in young people by equipping them with skills and confidence to manage stress and cope effectively with emotions and relationships
 - Building capacity in youth work, which is key in engaging with young people, building confidence and skills and enabling access to opportunities, all of which are fundamental for emotional wellbeing
 - Promoting access to information and tools for young people to look after their own mental health. A considerable number of people of all ages across Borders, including young people have been involved in developing a local guide to wellbeing as resource for young people
- The Scottish Borders Council, NHS Borders and the Borders Health and Social Care Partnership are working with partners at the local level to develop integrated approaches that balance protecting and improving our communities' mental wellbeing with mental healthcare and treatment. A Borders Mental Health Strategy has been developed to provide a framework for delivery of mental health activities in Scottish Borders for all age groups, bringing together the range of work including promotion of population mental health, prevention of mental health problems, delivery of care and treatment of mental illness and support for recovery.
- The strategy provides the means for ensuring delivery of commitments from the national strategies on mental health and suicide prevention and enables implementation of the local Mental Health Needs Assessment recommendations and Scottish Borders Health & Social Care Partnership Strategic Plan objectives as they relate to Mental Health. Strategic Priorities include:
 - People are able to find and access information and advice on mental health and wellbeing
 - Communities are more confident about what they can do to promote mental health
 - Improved support pathways for people who are at risk of or experience mental ill health
 - Frontline staff have the appropriate levels of knowledge and skill to enable them to provide the best support and signposting
 - Individuals will have an increased understanding of their own mental wellbeing
 - Improved access to services and reduced barriers particularly for those with dual diagnosis.
- The Borders Mental Health Improvement Steering Group is also leading an action plan to:
 - Provide information and tools to help people keep themselves mentally healthy in the Borders, through the Six Ways to Be Well resources
 - Build capacity to promote wellbeing across different statutory, third sector and community settings across the Borders
 - Provide clarity about the structure and pathways to reduce mental ill-health and maximise mental wellbeing

Issues and Risks

Obesity and Physical Activity

- We are living in an obesogenic environment which makes it difficult to maintain a healthy weight. Opportunities for people in the Scottish Borders to be physically active must be explored and healthy dietary choices made easy so that individuals can avoid the serious health consequences of overweight and obesity such as diabetes, heart disease and some cancers to which they may lead. Much of this work requires the efforts of all the Community Planning Partners within the Scottish Borders Community Planning Partnership.
- Addressing complex challenges like diet and physical inactivity requires the whole system to work collaboratively, bringing together local and

national decision-makers within healthcare, transport, planning, education and many other sectors. Success depends on clear leadership and effective partnership working at all levels to deliver meaningful and lasting change. We need to build on existing efforts and help strengthen national and local activity. A significant amount of work is under way to address these challenges, but building on this through partnership working across all sectors will be central to success in meeting this priority.

Smoking

- The overall rate of smoking in the population has decreased steadily with the introduction of a range of public health measures; however complex challenges remain in supporting the remaining population of smokers to quit. This group is less likely to respond as readily to the standard cessation support offered and experience in the Quit Your Way service indicates that clients tend to also have a range of health and social problems to contend with. In 2015-16 deployment of smoking cessation advisors was re-aligned to the most deprived areas, to focus our service delivery to those areas with greatest smoking prevalence and therefore need, whilst also recognising the complex health inequalities that exist for this group.
- The number of quit attempts made in Scotland with the help of NHS smoking cessation services in 2016/17 fell for the fifth consecutive year, there was an 8% decrease from 2015-16. This was reflected locally where our overall quit attempts fell from 1029 in 15-16 to 951 in 16-17. The reasons for the fall in quit attempts is likely to be the result of a combination of factors, including increasing use of electronic cigarettes, which may be viewed as a step towards quitting.
- The rate of smoking in pregnancy appears higher in the Scottish Borders than the Scottish average and is particularly high in the most deprived areas. The reduction of smoking in pregnancy remains a very high priority.

Alcohol and Drugs

- Reducing harm from substance use in the Scottish Borders continues to be a priority, the trend in drug related mortality must be reduced.
- Similarly a significant proportion of the adult population drink in excess of recommended limits. Long term excessive drinking is linked to earlier mortality, the impact of current behaviours is yet to be seen.
- Local Scottish Borders community planning partners need to develop locally tailored approaches to the issues faced on the ground to design health-promoting environments which support healthier choices and reduce harm. Scottish Borders Council in particular has the power and duty to protect and improve public health through the licensing of alcohol sales. The continual development of over-provision policies and the bye-law restriction of drinking in public spaces would complement action by local trading standards on underage tobacco sales as part of an approach to creating healthier communities.

Mental Health

- Parity of esteem must be maintained between mental and physical health, with both being considered within all policies.
- Achieving good mental health is not the sole responsibility of mental health services. There is a need to ensure a broad approach that supports mental

wellbeing for all, provides the right support at the right time for those who experience mental illness and provides every opportunity for recovery. To achieve this will require co-production between statutory organisations, voluntary organisations, service users & carers. Success will mean not doing more of the same; it will require creativity and innovation to deliver services that are fit for the future.

- Health in All Policy assessments need carried out on any significant service changes within the Borders to ensure that persons with mental health problems are not disadvantaged by the change.
- Children and young people’s mental health has been identified as a priority at national level in the recent Mental Health Strategy for Scotland. There is a need for Scottish Borders partner organisations to understand better the support children and young people need and to take action to address those needs

Health Inequalities and Health in All Policies

- Underpinning all our actions to grown our economy must be an approach which targets deprivation and narrows health inequalities.
- The Fairer Scotland Duty places a legal requirement on NHS Borders, Scottish Borders Council and other statutory bodies to set out how they believe they can reduce inequalities caused by socio-economic disadvantage. This goes beyond considering how poverty impacts on service delivery and asks public bodies to address the causes of poverty. Agreeing to tackle this challenge through a whole systems approach would be a significant step forward.
- The Child Poverty Act, efforts to mitigate the effects of benefit changes should also further contribute to reduce inequality. In addition to the Fairer Scotland Duty, the Fairer Scotland Action Plan sets out another 49 actions to tackle poverty and the impact of poverty, many of which intend to have a direct effect on our health.
- A Health in All Policies (HiAP) needs to be embedded in Scottish Borders Community Planning Partnership’s and partner organisations which sustains intersectoral collaboration and enables policy decisions to be seen through a health and equity ‘lens’, with agreement around how success will be measured.
- The health of communities now and in the future depend upon us living within sustainable limits and understanding the impact to the environment and wider determinants of health of our actions and policies

Planned Activity in Next Reporting Period

- The various planning multiagency groups mentioned above in the Borders will continue to develop strategies and plans to promote health and wellbeing in the Borders.
- A Borders Director of Public Health Report will be published in early 2019 highlighting progress against the new national public health priorities and will support the co-production of initiatives with local stakeholders and communities aimed at improving health and wellbeing in the Borders.

Prepared by

Tim Patterson, Borders DPH

Date

16th November 2018

Community Planning Partnership Strategic Board

Community Plan Action Plan update September 2018

Theme	Our Quality of Life: Leads – Andy McLean/Murray Leys/Stuart Easingwood
Outcomes	<ol style="list-style-type: none"> 10. Fewer people experiencing violence (including domestic abuse) 11. Fewer people experiencing anti-social behaviour (ASB) 12. Fewer people killed or seriously injured on our roads

Progress in Current Reporting Period

Domestic Abuse

- Between Apr and Sept 18 there were 510 domestic abuse incidents a reduction of -8.6% on the same period the previous year of which 36.9% became a domestic abuse crime.
- During this period there were 370 referrals to the council based Domestic Abuse Support Service an increase of +28% compared to the same period last year.
- The domestic abuse Multi-Agency Risk Assessment Conference discussed 53 high risk cases compared to 55 for the same period last year.

Antisocial Behaviour

- Between Apr and Sept 18 there were 820 people being monitored for ASB, a reduction of -2.8% on the same period last year.
- The number of early interventions made by ASB partners increase by +20.6% to 468, during this period.
- Mediation referrals fell by -6.3% from 79 to 74 during the period. The 5 year trend shows the figure to be on the increase annually.

Road Safety (Road Casualties)

- There were 8 fatalities during the period Apr to Sept compared to 4 during the same period last year. Motorcyclists from out with the area accounted for 50%.
- 39 casualties were classed as serious compared to 28 the previous year.
- 82 casualties were slightly injured compared to 119 during the same period the previous year.
- There were 2 children seriously injured compared to 1 the previous year.

Issues and Risks

Domestic Abuse

- The establishment of a Domestic Abuse Advocacy Support court worker and Advocacy Outreach have been the main causes of the increase in referrals.
- Third party funding for the SBC based domestic abuse services begins to end in 2019 and into 2020.

Antisocial Behaviour

- Through the partnership analysis ASB driving was identified as an issue in a number of specific areas. With support from the council funded police Community Action Team, Roads Policing and the work of our Community Safety Officer in raising awareness contact by members of the public have reduced in the affected areas.

Road Safety

- Despite a significant effort in relation to vehicle drivers through Drivewise motorcyclists have accounted for a disproportionate number of fatalities. Not all are residents of the Scottish Borders. Ideas are being considered with a view to reducing the number of crashes and a different approach necessary to broaden the safety messages.

Planned Activity in Next Reporting Period

Domestic Abuse

- Scottish Borders 16 Days of Action to end Violence Against Women and Girls, this is an annual event giving a local voice to a global campaign, and includes the Scottish Borders White Ribbon Campaign. This links to our local planning and involvement of a range of partners. The 16 Days of Action run from November 25th to December 10th 2018
- Five Safer Communities staff from the specialist domestic abuse services will start their roles as trainers in the Domestic Abuse Matters training programme in November. DA Matters is Police Scotland's national training programme for the introduction of the new Domestic Abuse (Scotland) Act in 2019. Staff will join a trainers cohort of 100 across Scotland and will be part of the training delivery to 14,000 police officers and staff between now and winter 2019. Scottish Borders Council's Safer Communities have become a training partner with Safe Lives, and will be paid for delivery of each course.

Antisocial Behaviour

- Core Group Meetings to be held in October/November and December agreeing interventions with partners in relation to those individuals being involved in antisocial behaviour. Introduction of changes to meetings enabling more in depth discussion on problematic cases.
- Extensive Mediation work at West Linton over the three months in relation to a party house.
- Extensive Multi Agency Work being done in Yarrowford, involving a range of partners to resolve a deep rooted and long standing neighbourhood issue.
- Preparations for a large scale training program (ASB) involving Police Scotland/ASBU RSL/Victim Support SB for delivery to operational staff in first three months of 2019
- Finalising the arrangements for the Gypsy/Traveller liaison function taken over by the Mediation Officer.

Road Safety

- Drivewise is winding up for the 2018/19 period. The remaining over 65 drivers are having their supervised refresher drives.
- In preparation for the worsening winter weather social media is being used to highlight hazards that exist with reduced visibility through darker nights and low sun. Ice on the roads and precautions that should be considered such as having some warm clothing in case of a break down or weather related obstruction to a journey.

Prepared by

Graham Jones

Date

12/11/18

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